



Playhouse Day Nursery Menu

Breakfast each morning comprises of a choice of pastry or breakfast bar, yogurt, piece fresh fruit and a drink of fresh juice or milk.

Morning Snack is fresh fruit or salad products such as apples, pears, oranges, bananas, kiwi, melon, strawberries, cucumber, carrot or other seasonal options.
Served with a cup of milk or water.

Afterschool tea time snack a choice of sandwich, bag of crisps, cake and drink of milk or water.

WEEK ONE	WEEK TWO
MONDAY LUNCH: Vegan Korma curry made with quorn, served with a popadom and rice. DESSERT: Yogurt and a biscuit.	MONDAY LUNCH: Scampi with vegetable rice DESSERT: I made my own fruit salad
TUESDAY LUNCH: I made my own pitta pizza DESSERT: Jelly and cream	TUESDAY LUNCH: Chicken breast in breadcrumbs, noodles, sweet and sour sauce and prawn crackers. DESSERT: Yogurt and biscuit
WEDNESDAY LUNCH: Spaghetti bolognaise with hidden veg served with pasta and option of cheese and garlic bread. DESSERT: Chocolate mouse	WEDNESDAY LUNCH: Vegan butter chicken curry served with rice and a poppadum. DESSERT: Jelly and cream.
THURSDAY LUNCH: Fishcakes coated in a golden crumb served with vegetable rice. DESSERT: Muffin	THURSDAY LUNCH: Mini toad in the hole with pork or quorn Sausage, mini roast potatoes and peas. DESSERT: Chocolate mouse
FRIDAY LUNCH: Roast chicken served with carrots, peas, mini roast potatoes and gravy. DESSERT: I made my own fruit salad	FRIDAY LUNCH: Pasta bake either tuna or tomato served with option of cheese and garlic bread.. DESSERT: Cup cake

Meat Free, versions are available when requested and we strive to ensure that all dietary requirements are catered for.

A choice of water or milk is available with each meal.